



Medical Record Number: _____

The Polyclinic, PLLC dba Optum Care Washington, PLLC

Request for Alternative Means of Confidential Communications

Patient Name: _____ DOB: ____/____/____

Patient Primary MD: _____ Clinic Name/Location: _____

Patient Primary Address: _____ City: _____ State: _____ Zip: _____

I request that The Polyclinic dba Optum Care Washington (OCW) communicate with me by alternative means or at alternative locations for reasons of confidentiality. I understand that OCW will comply with reasonable requests and will inform me directly and in writing if they are unable to comply with my request. OCW will not ask for any reason for this request.

Do you wish to indicate an alternate mailing address: ☐ Yes ☐ No (If yes please provide the alternative address)

Street: _____ Apt/Unit Number: _____ City: _____

State: _____ Zip Code: _____

Do you wish/authorize OCW to contact you via phone: ☐ Yes ☐ No

If yes, indicate which number: ☐ Home Phone ☐ Work Phone ☐ Cell Phone: () _____

Additional Method of Contact: _____

Do you authorize OCW to release your information including diagnosis, treatment, medical records and claims information to the individuals listed? ☐ Yes ☐ No

If yes, please identify:

Name: _____ Phone: _____ Relationship: _____

Name: _____ Phone: _____ Relationship: _____

Name: _____ Phone: _____ Relationship: _____

Name: _____ Phone: _____ Relationship: _____

Duration: This authorization shall remain in effect for one year from the date of signature unless a different date is specified here ____/____/____ (date).

I agree that this change will not affect my payment responsibility or processes necessary to obtain payment for OCW services. I understand that, if approved, this request will remain in effect until I terminate or change this request, at any time, by notifying OCW in writing.

Signature of Patient: _____ **Date:** ____/____/____

If personal representative, print name: _____ **Relationship:** _____

Internal Use Only: Name of teammate receiving form: _____ **Date:** ____/____/____

Request Approved ☐ Yes ☐ No If approved ensure documented in appropriate systems and staff notified If request denied provide reason for denial: _____

If denied patient must be notified in writing with denial reason

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