

Personalized Care Team Questions & Answers

Q: What is an Extensivist?

A: An Extensivist Physician is an Internist or Family Medicine Physician who provides comprehensive and coordinated care to patients with multiple complex medical issues. We refer to our Extensivists as our patient's quarterback because they help coordinate the patient care across multiple consulting providers and services.

Q: What exactly is the PCT?

A: The Personalized Care Team is a team of providers who work together to address the complex health needs of specific patients. Other providers on the team(s) will include Advanced Clinical Practitioners, RNs, Behavioral Health Specialists, Social Workers and Health Coaches. This team approach to care allows you to see various providers all in one visit, allows you more time with your providers, and can even include home visits and virtual health.

Q: How could this save me money?

A: This program is specifically set up to deal with chronic complex health issues and the team's goal is to keep you as healthy as possible. With virtual medicine, home visits and this team behind you, you will likely have fewer visits to the ER, fewer medical visits, and as a result, less out of pocket medical expenses.

Q: Will I have to go to a different location?

A: Currently the Personalized Care Team will be located on the Everett Campus and at the Marysville location, so you may be switching your location. You will also have some virtual visits, and your provider may come to your home.

Q: How is this different than my PCP referring me to specialists?

A: This Personalized Care Team is set up with all of the providers and services you may need all in one location, all focused on your chronic conditions. You will have longer appointment times and will meet with members of your care team.